



2011 Masonic Home King and Queen



Judy Burton and Jim Herring were elected for the 2011– 2012 Masonic Home of Virginia King and Queen. Judy

Burton is active throughout the home in garden-

ing, serves on various committees, works in the clothes rack, and volunteers throughout the home. Outside of the home Judy volunteers in the Henrico extension office (VPI). Her sponsoring lodge is Westhampton Lodge #301. When asked about being elected for the queen Judy said, “I was completely surprised and appreciate everyone who voted for me. I will try to do my best in representing my fellow residents as the queen.”

Jim Herring is currently our resident advisory president, works in the woodshop, along with another resident he got the computer room up and running, and volunteers throughout the home. Jim is a member of Washington and Henry Lodge #344. Jim’s wife, Janey, is very supportive of Jim’s volunteer work and proud of him for being elected for King. Jim stated, “I was utterly surprised when I found out I was elected for King. I appreciate it and am very grateful because there are so many other possible candidates for King.

Judy and Jim will be in the Family Day parade representing The Home on Saturday, October 8.

Join us in congratulating Judy Burton and Jim Herring.

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Jim Herring President—
B Wing

Helen Lape Vice President- B
Wing

Norma Klebert Secretary-
Village

Lovell Harrison Magnolia
Court

Catherine Murray D Wing

Walter Olphin D Wing

Judy Burton Village

Health

Here's To Your Good Health!

Eating Halloween Candy

The best way to protect teeth from the ravages of Halloween candy is to eat the daily "rations" at one sitting, rather than eat one or more pieces several times a day. Repeated exposure to sweets is far more damaging than the amount consumed, according to the Massachusetts Dental society. Another approach: eat one piece of candy as a dessert after dinner, so that the sugar and starches will be cleaned away when you brush your teeth at bedtime. Its also a good idea to follow candy with a drink of water or milk to help the sugars dissolve.

Have You Heard?

Halloween began with the ancient Celts, who marked the last day of October as their New Year's Eve. Surveys show that Halloween, derived from the Christian observation of all Hallows E'en, now surpasses our own New Years Eve in popularity. The National Retail Federation says that the holiday generates nearly \$7 billion in retail sales, with the average household spending \$44 on candy, costumes, and home decorations. A survey by American Express found that 64 percent of adults rank Halloween as a popular holiday in their households and celebrate by trick-or-treating, going to a party, or watching scary movies. Forty-seven percent said the holiday is not just for kids. More than a quarter of adults dress in costumes. More than 80 percent of parents said they hand out treats, and nearly 60 percent take their children trick-or-treating. The birthstone for October is Opal and signifies a creative spirit, new friendships, and healthy relationships. The flower is the Marigold.

Program Highlights

Resident Council Meeting

Monday, October 4
9:30 AM
Dining Room

Advisory Council Meeting

Tuesday, October 18
10:00 AM
Private Dining Room

Food Committee Meeting

Thursday, October 20
1:00 PM
Private Dining Room

Activities Committee Meeting

Thursday, October 20
3:45 PM
Solarium

Program Highlights

Wednesday, October 5	2:00 PM	TV Room	Healthy living speaker on Flu season.
Thursday, October 6	2:00 PM	TV Room	Come help us cut strings for Family Day balloons.
Sunday, October 9	2:00-4:00 PM	TV Room	Bingo with the Order of the Amaranths.
Monday, October 10	11:00 AM-1:00 PM	Gallery	Bring your broken jewelry to the jewelry repairman from The Jewelers Bench.
Tuesday, October 11	3:00 PM	Multipurpose Room	Communion with Reverend Elder.
Friday, October 14	10:00 AM	TV Room	Tai Chi with Lily.
Friday, October 14	2:00 PM	TV Room	Presentation on phones for seniors.
Monday, October 17	9:00 AM	Gallery	Shopping for Avon with Shirley.
Monday, October 17	2:00 PM	Multipurpose Room	Breast cancer awareness program.
Monday, October 17	6:00PM	TV Room	Try your luck at a variety of games at the Card Social.
Tuesday, October 18	10:00 AM	Gallery	Coffee and donuts.
Friday, October 21	2:00 PM	TV Room	Speaker on Medicare fraud.
Monday, October 24	2:00 PM	TV Room	Celebrate Henrico County with Melissa.
Wednesday, October 26	2:30 PM	TV Room	Gentle exercises and stretches with Nancy Glenmore.
Thursday, October 27	7:00 PM	Dining Room	Wear your costumes for the Halloween Dance.

Thought of the Day

“The world hates change, yet it is the only thing that has brought progress.”

Charles Kettering

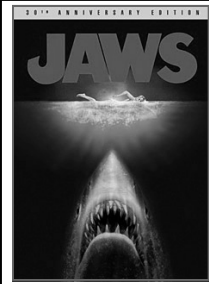
Music Entertainment

Tuesday, October 4 7:00 PM Dining Room	Performance by the T.J. Alumni Band.
Monday, October 10 2:00 PM TV Room	Performance by Tom Bermeen.
Thursday, October 13 7:15 PM Dining Room	Performance by the Clarinet Choir.
Friday, October 14 7:00 PM TV Room	Oldies performance by A Pack of Luckies.
Friday, October 28 7:00 PM Dining Room	Golden oldies performance by Thomas and Holzbach.
Saturday, October 29 2:00 PM TV Room	Performance by Aimee Ladd.
Monday, October 31 2:00 PM TV Room	Performance by Side by Side.

Movies

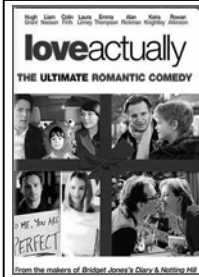


Channel 2 and TV Room
6:00 PM



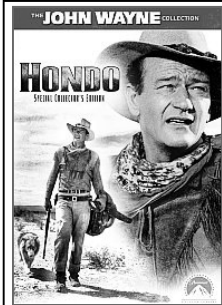
“Jaws The Revenge” Monday, October 3

A deputy is killed by a shark off Amity Island and his wife joins their son, his wife, and granddaughter in the Bahamas. There she starts putting her life back together until a Great White Shark threatens her granddaughter. She has no choice but to face her fear in the final showdown with the shark that has tormented her for years.



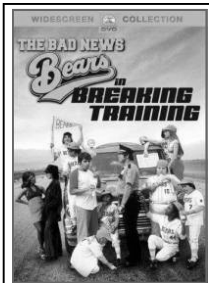
“Love Actually” Friday, October 7

Romantic comedy that follows several couples through love’s twists and turns.



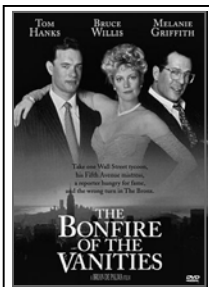
“Hondo” Monday, October 10

A cavalry rider is the designated protector of a woman as well as father figure to her son as she awaits the return of her husband. She refuses to leave their home despite growing dangers and she finds herself falling for this cavalry rider.



“The Bad News Bears in Breaking Training” Friday, October 21

A young baseball team goes through different coaches and pitchers to go on and face the Japanese champs



“The Bonfire of the Vanities” Monday, October 24

Sherman McCoy was a Wall Street tycoon until one night his life takes a wrong turn in the Bronx.

Trips and Outings

Wednesday Shopping Schedule



October 5 Kmart
 October 12 Wal-Mart
 October 19 White Oak Village
 October 26 Kmart

YMCA	MONDAY	FRIDAY
Silver Sneakers Fitness 9:30 AM	October 10 October 17 October 24 October 31	October 7 October 14 October 21 October 28
Rising Readers—Highland Springs Elementary School Thursdays at 9:45 AM		
Saturday, October 1 1:00 PM	Glen Allen Cultural Arts Center.	
Monday, October 3 11:15 AM	Lunch trip to Kabutos Restaurant.	
Friday, October 7 10:00 AM	Trip to the Virginia State Fair.	
Friday, October 10 12:00 PM	Lunch trip to Longhorn Restaurant.	
Saturday, October 15 10:00 AM	Fashion show luncheon at the ACCA Temple.	
Tuesday, October 18 2:30 PM	Tour of St. Johns Church.	
Wednesday, October 19 2:00 PM	City tour of the West end of Richmond.	
Thursday, October 20 11:30 AM	Red Hats ladies are eating out at Riverbound Restaurant Remember to wear your red and purple.	
Saturday, October 22 5:00 PM	Octoberfest at the Showplace.	
Tuesday, October 25 9:30 AM	Shopping and lunch at VA Center Commons.	
Monday, October 31 4:45 PM	Dinner at Calabash Seafood Restaurant.	

Book Ends By Wanda Lucey

We are very fortunate to have some super help in the library office, namely, Becky Bollinger, a new resident in the village, along with her husband Steve. Becky is retired from dominion Electric and is very prolific in her book output, You will be pleased with all the new books.

Now, on to the books. Robin Cook has written a great “Foreign Body” (M/COO) which could actually be a real-life story. Jennifer, a 4th year medical student at UCLA, hears a TV segment on medical tourism; 1st-world citizens traveling to 3rd-world countries for elective surgery. The next statement on CNN says a patient died while undergoing surgery in India for a hip replacement. The “thing” is that the patient had raised Jennifer from infancy as a grandmother! The fatal news was a shock until Jennifer realizes Maria had no insurance and had to opt for surgery out of the U.S. She takes emergency leave and heads for New Delhi in India. Officials are kind and sympathetic but become offended as she pushes for more information. I have not finished the book (Nor have I read the last chapter) but dastardly deeds have been done and Jennifer uncovers a sinister, multi-layered conspiracy of global proportions. So far, it has been a great book. GO, GIRL!

Another Robin Cook medical mystery is intriguing- “Crisis” (M/COO). Sounds very interesting and will certainly appeal to some of you fellas. IT shows the dark side of medical malpractice, death, lawsuits, etc. Next on my reading list but wanted you to know about it now.

For fun, “I Still Dream About You” by Fannie Flagg is a must-read. We placed it in literature (813.54/FLA) because of its humorous content. This is a comic romp through the streets of Birmingham and the eyes of a former “Miss Alabama”. Equal parts of Southern charm, a murder mystery, and that perfect combination of Flagg humor and old-fashioned wisdom will make your weekend profitable. Anyone will like this one.

“Ann Irish Country Courtship: by Patrick Taylor (F/TAY) is a free-standing sequel to “An Irish Country Doctor” which we don’t have. Two doctors (one old and one just graduated) practice together in Ballybucklebo. After a year, young Dr. Barry must decide if he wants to remain in village medicine. His city-born, and city-bred socialite sweetie almost makes him give up rural medicine. You will like meeting the doctors, Village folks, and see how it all works out.

And the icing on the cake, and the cream of the crop this month are the first two volumes of Jan Karne’s new series about Father Tim. Thanks to Helen Lap, you have a treat in store. (Some of our ladies have already read them). “Home to Holly Springs” (F/KAR) happens when father Time receives a letter saying “Come Home.” Going back to where he was born and raised **being** remembrances and a few tears, his meeting old friends is amusing, and his finding a new half-brother is mind-bending! I’m not going to tell you anything else.

“In the Company of Others” takes Father Tim and his lovely wife, Cynthia, to vacation in Ireland. Intending to stay in a lovely bed and breakfast for a few days, things come to a halt when Cynthia falls and reinjures an ankle. They change plans and remain at the B & B for the balance of their trip. We get to meet the village folk, the country doctor, and watch Father Tim’s involvement with robbery, solving a family mystery– and instead, a great time was had by all with many memories to carry home.

Anniversary Stories

10/5/1963 Chester and Margaret Baity
10/10/1969 Ralph and Rose Mills
10/14/1951 Paul and Wanda Lucey



Graham Simmons and Charlotte Simmons **October 21, 1951**

Graham and his wife Charlotte will be married for 60 years this month! Charlotte is a resident at Lexington Court Nursing home located in Richmond, VA. The two met in Concord, NC when Graham was at the hospital for a surgery; Charlotte was the nurse on duty and Graham asked Charlotte, "How about a date when I get out of here?" and she accepted. Graham said, "It was love at first sight," they dated until Charlotte graduated from school as a registered nurse, then got married. The two had their honeymoon in Daytona Beach, FL and stayed in the penthouse suite for \$12.00 a night. Graham was grateful to have married a nurse; she always took care of Graham and the children when they were sick. They have three children, six grandchildren, and two great grandchildren. Graham and Charlotte lived various places including Concord, NC, Wisconsin, Ft. Lauderdale, FL, Charlotte, NC, and Richmond, VA. As a couple they traveled frequently, Charlotte's favorite thing to do was go on cruises; Graham says the secret to a successful marriage is, "Love and respect each other."



FAMILY DAY REMINDER
Saturday, October 8, 2011.



Healthy Living Speaker

The healthy living speaker series is once a month; a nurse from a Richmond hospital comes to speak to the residents on a health topic. The purpose of this series is to speak on topics that the residents are interested in. The series will be taking a break for the months of November and December and starting back up in January of 2012. There will be a sheet on the sign up table in which you can write the health topics you would be interested in for the 2012 year. You can also let the activities department know of any topics you are interested in having the nurses speak about.

Order of the Eastern Star

Naomi Chapter No. 4 Order of the Eastern Star will be having dinner at 5 PM in the private dining room. They will hold their regular October meeting at the Masonic Home multipurpose room on Thursday October 13 at 7 PM. All Eastern Star members are invited to have dinner and attend the meeting with the Naomi Chapter Officers and members.

Family Support Group

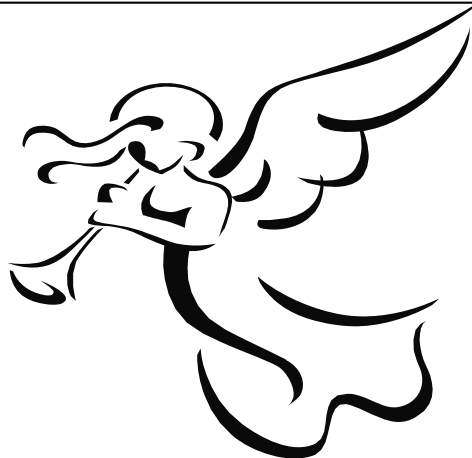
1st and 3rd Tuesday of every month

Book Nook on Magnolia Court

10:30 AM

Refreshments are provided

In Memoriam



Forever in Our Hearts

Richard Yearwood

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

10/3	Luther Zirkle	10/11	Virginia Hobson
10/3	Gladys Simmons	10/13	Gloria Martin
10/3	Martha Mason	10/14	Lucy Lamp
10/3	Donald Davies	10/24	Irma Tunstall
10/4	Laura Singleton	10/26	Ethel Hutcherson
10/6	Annie Davis	10/28	Gloria Hall
10/8	Ruth Walker	10/31	Teddy Thornhill
10/10	Helen Wood		

Employee Birthdays

10/1	Leisa Liverpool
10/2	Mary Bryant
10/2	Debbie Preston
10/5	Michelle Dempsey
10/7	Margaret Harding
10/12	Margie Martin
10/12	Brandy Newcomb
10/13	Sara Margaret Colinger
10/14	Regina Riddick
10/15	Joyce Richardson
10/22	Cheryl Harris
10/22	Juliana Okyere
10/23	Amanda Franks
10/25	D'Anna Givens
10/26	Tracey Taylor
10/27	Pattie Mathews
10/28	Deborah Crawley
10/28	Aletha Peterson
10/31	Carolyn Bennett

Welcome New Residents!

Jean Learnard
Kendall and Phyllis Rowe

Welcome New Employees!

Penny Allen	Environmental Services	FT
Robert Harper	Maintenance	FT
Tiffany Maurice	Nursing	FT
Aletha Peterson	Nursing	FT
George Bey	Food Service	PRN
Gwendolyn Brown	Nursing	PRN
Amanda Burkett	Food Service	PRN
Tiara Churchwell	Nursing	PRN
Bianca Jefferson	Nursing	PRN
Shakira Moffett	Nursing	PRN
Brandy Newcomb	Nursing	PRN
Courtney Payne	Nursing	PRN

Masonic Home Census -- 224

The MAHOVA News

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