



## MEET CARL TORRENCE

Carl Torrence a resident on B wing at the Masonic Home of Virginia will be 100 years old this June! He has led an interesting life as an engineer, being the 14th person in the state of Virginia to receive his certificate as a structural engineer by state examination in 1944.

Carl was born in Salisbury, NC on June 27, 1911, and has been in the Richmond area since his parents

moved to Petersburg, VA when he was five years old. After graduating high school he attended the VA Mechanics Institute from 1931 to 1933.

After receiving his certificate in structural engineering, Carl worked for Cruickshanks Ironworks for five years detailing and drawing steel beams for buildings. He then worked at R,F, & P- Richmond, Fredericksburg, and Potomac, at the old Main Street Station for four years building and repairing bridges used for train tracks. Afterward Carl worked for the City of Richmond as senior engineer for building inspectors making sure new and old buildings were up to code. Carl then decided to open his own business with three partners called "Torrence, Drellin, Farthling, & Buford," where he worked up until retirement in 1964.

Carl has worked on various public buildings in Virginia including City Hall in Richmond, VA, multiple buildings around the city, and a Masonic Lodge in Urbanna, VA. He renovated homes in Colonial Williamsburg making sure the homes floors could hold 100 lbs from their original 30lbs per square foot. Carl also assisted with the renovations of the Dining Room and Care Center at the Masonic Home.

Carl was married to the late Elizabeth, has one daughter, one grandchild, and two great grandchildren. He is a member of Meridian Lodge and resident of the Home since 2003.

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### Resident Advisory Council

**Walter Olphin** President—D Wing  
**Jim Herring** V. President—B Wing  
**Norma Klebert** Secretary, Village  
**Lovell Harrison** Magnolia Court  
**Harry Bluford** D Wing  
**Ed Lanford** B Wing  
**Judy Burton** Village

# Health

Here's To Your Good Health!



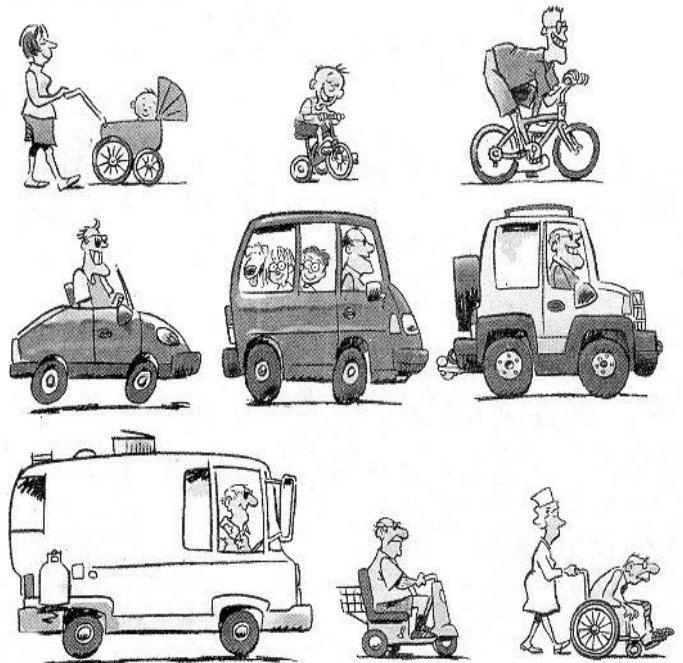
## Plant a Healthier Environment

Plants not only beautify our environment, they make it healthier. Indoor plants, for example, are an inexpensive and refreshingly low-tech means of removing pollutants from the air we breathe, both at home and at work. One potted plant per 100 square feet can help clean the air, with different varieties being effective in eliminating specific pollutants. For example, azaleas, tulips, orchids, chrysanthemums and dieffenbachia are effective in removing formaldehyde that is emitted from foam insulation, carpets, clothing, furniture and paper goods. English ivy, marginata, warneckii and peace lilies can help eliminate benzene from tobacco smoke, gasoline, synthetic fibers, plastics, oils and inks.

## Have you Heard?

Cupid, the mischievous winged cherub that symbolizes Valentine's Day, was the son of Venus, the Roman goddess of love. His name comes from "cupido," Latin for desire. (In Greek mythology, Cupid is called Eros, and is the son of Aphrodite.) According to myth, anyone hit by Cupid's arrow will fall in love with the next person he or she sees. As a young man, cupid fell in love with a beautiful mortal, Psyche. Because he was a god, she was forbidden to look at him. Her sisters persuaded her to peek, and Cupid disappeared. Cupid appealed to the gods, and Psyche was made immortal, allowing them to marry. The flower is viola or Primrose and the birthstone is amethyst; it symbolizes piety, humility, spiritual wisdom, and sincerity.

## The Wheels of Life



## Program Highlights:

### Resident Council Meeting

Monday, February 7  
9:30 AM  
Dining Room

### Food Committee Meeting

Wednesday, February 16  
1:00 PM  
Private Dining Room

### Advisory Committee Meeting

Tuesday, February 15  
10:00 AM  
Private Dining Room

### Activities Committee Meeting

Thursday, February 17  
3:45 PM  
Sun Porch

## EVENTS AND PROGRAMS

Friday, February 4  
2:00 PM  
Dining Room

Meet and Greet the New Masonic Home Family  
of new residents and staff.

Friday, February 18  
2:00 PM  
Room

Life- Story, reminiscing with Bonnie.

Tuesday, February 8  
3:00 PM  
Multipurpose Room

Communion with Reverend Elder.

Tuesday, February 22  
2:00 PM  
TV Room

Healthy Living Speaker

Wednesday, February 9  
2:00 PM  
TV Room

All you chocolate lovers, come to the chocolate  
tasting to try some different chocolates.

Wednesday, February 23  
2:30 PM  
TV Room

Exercise and stretch your muscles with  
Nancy Glenmore.

Friday, February 11  
10:00 AM  
TV Room

Learn the exercise of Tai Chi with Lily.

Thursday, February 24  
2:00 PM  
Your Room

Life-Story, reminiscing about your cherished  
memories.

Friday, February 11  
5:00 PM  
Multipurpose Room

Sign up for the monthly Dinner and a Movie.

Friday, February 25  
2:30 PM  
TV Room

Presentation on Heart Health by cardiologist Dr.  
Nicholson.

Monday, February 14  
7:00 PM  
Dining Room



Come and celebrate Valentines Day at the  
Valentines Dance with entertainment by Phil  
Johnson and a Touch of Class.

Friday, February 25  
6:00 PM  
TV Room

Try your luck at different games at the  
Card Social.  
Light refreshments will be served.

## MUSIC ENTERTAINMENT

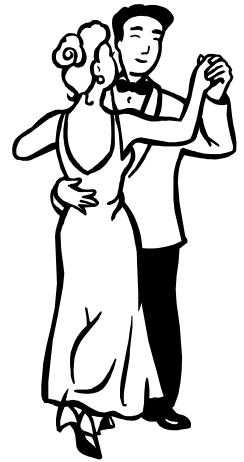


Thursday, February 10  
6:45 PM  
Dining Room

Listen to the sounds of the Sauerkraut band as they perform German style music.

Monday, February 14  
7:00 PM  
Dining Room

Dance the night away as Phil Johnson and a Touch of Class perform for the Valentine's dance.



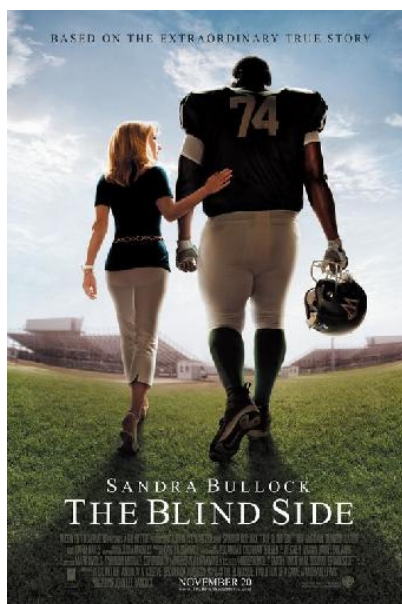
Thursday, February 17  
2:00 PM  
Dining Room

Celebrate all the February birthdays at the Birthday Social with performance by Jan Kessler. Enjoy a piece of cake and punch to celebrate the birthdays.

## MOVIES



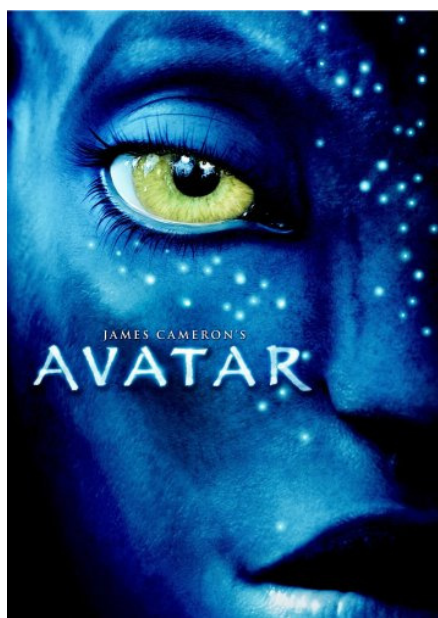
Channel 2 and TV Room  
6:00 PM



### **“The Blind Side”**

**Friday, February 4**

A young homeless teenager knows little about family and football until a well-to-do family takes in the young boy. They learn about the game of football and each other which develops into life changing relationships. Based on the story of NFL player Michael Oher.



### **“Avatar”**

**Monday, February 7**

A science fiction film directed by James Cameron about the world in 2154. A paraplegic marine is sent to a different moon and becomes torn between following his orders and protecting the world that has become his home. Currently the highest-grossing film of all time in the U.S.





## Trips and Outings



Wednesday Shopping Schedule  
9:15 AM

**February 2**

White Oak Village

**February 16**

White Oak Village

**February 9**

**February 23**

Tuesdays  
9:45 AM

Rising Readers– Trip to Highland Springs Elementary School.

Thursday, February 3  
11:00 AM

Trip to Bojangles for Lunch

Monday, February 14  
9:30 AM

Sign up for a shopping trip and lunch at South Park Mall.

Thursday, February 17  
10:30 AM

Red Hats Club is eating lunch at Cracker Barrel.  
Remember to wear your red and purple!

Friday, February 18  
6:30 PM

Thursday, February 24  
11:00 AM

Sign up for a lunch trip to Teppanuaki Grill and Buffet.

Saturday, February 26  
1:30 PM

Monday, February 28  
4:45 PM

## Book Ends By Wanda Lucey

Christmas reading was great! You checked out and read more than any other time in history...maybe we need to bring the book cart around more often. Your staff is working out a “project” list and will be calling for help soon. Several new books (to us) are reviewed for you below and we hope you will check them out and enjoy them.

First, is Fern Michaels “The Real Deal” (F/MIC). Quinn Star is an FBI Agent living and working in the Washington area, depending only upon herself, for she surely is living and working in ‘a man’s world’; She has been transferred temporarily to the Secret Service, protecting the First Lady of the United States. Not too happy, she insists on her partner to be the female agent she had trained with. On arriving at the White House and meeting the First Lady, she and Sadie come to the conclusion they will be baby-sitting a real ding– bat. The First Lady insists that both she and the country are being deceived by a President who is NOT her husband! Michaels will keep you on edge waiting for the next faux-pas and chuckling at the ding-bat’s newest conclusion. Needless to say, both the FBI and the Secret Service are confused and irritated by the First Lady’s antics. No tears in this one—only laughs.

Another Michaels’ book is “Vanishing Act” (F/MIC). A paperback, this one is easier to handle. Another goodie from the “sisterhood” series will keep you on edge and awake. You have heard (and might know) of someone who has lost his identity as well as all his money. One of the fellas associated with the sisterhood discovers one morning he no longer exists! His money is gone, his home has been foreclosed, his retirement fund, his car, checking account, everything is gone! To his good luck, he is a friend of the sisterhood and they go to bat for him, discovering that he is not alone. There are hundreds of others from that community in the same situation. Calling in all their computer favors from hackers they eventually catch up with the connivers and then the fun begins. This is a great story, and one from which we can learn a lot.

Sandra Brown is an great novelist and we all enjoy her plots and love scenes, and action series. I present “Rainwater” to you as one of her very, very best (F/BRO). Story takes place in dry, dusty Texas in mid-Depression 1934. Very poor farmers unable to keep their herds and families fed. Losing their farms to the banks who are losing their assets—a very depressing set-up. Ella Barron runs her boarding-house with an efficiency to behold. Between cooking, cleaning, laundry, and raising the garden, she cares for her 10-year old son who has special needs. (He was called the town idiot– we would call it something different, but remember this is 1934). The town doctor brings her a new boarder, quiet, reflective, very ill Mr. David Rainwater, who brings life and sunshine into this home. Located on the edge of the railroad tracks the town is filled with good men and evil, some black and some white, hobos, tramps, but for every bad one, there is one good. I don’t want to write any more and reveal her story but I believe it is the best she has ever written.

Our final book will be “Luke’s Story– from the Jesus Chronicles” by Tim LaHaye and Jerry Jenkins of the “left Behind” series (f/LAH). This is a novel, not a biography, so they are free to do whatever they want with Luke. In the 1st century A.D., they present him as the slave-son of slaves of Theophilus, an owner who values his workers. Recognizing his brilliance, Theophilus sends Luke to the university in Greece to become a physician to work on his property. There Luke meets Saul, another brilliant student who happens to be Hebrew. The authors worked this structure well, making it believable. After all, it could have happened that very way. Included are the Bible Books of Luke and the Acts of the Apostles.

## Behind the Scenes

### EMPLOYEE OF THE YEAR!

#### Mike Butler, Jr.



Mike Butler recently received the award of Employee of the Year for 2010. Mike has been working in the maintenance department at the Home for 10 years. He started working on the grounds then later became the HVAC/R Technician. When away from work his hobbies include circle dirt track racing and bowling. Mike is very good at bowling, receiving a perfect score of 300 multiple times. He also has a daughter that is 4 1/2 years old. Thank you Mike, for all your work you do for the residents and fellow staff.

## Anniversary Stories

David and Joy Kent February 16, 1974

David and Joy will be married for 37 years this year. The two met while both of them were working at the Christian Science Publishing Company in Boston, Massachusetts. Joy was working as a mail clerk in the accounting department and David was Manager of the outgoing mail room. David asked a friend of Joy's if she would go out on a date with him and Joy accepted. The two went to the movies for their first date, dated for four years, then got married. They raised Joy's nephew since he was ten years old. After David retired from the Publishing Company the two moved back to David's hometown in Wicomico Church, Virginia. They later moved to Kilmarnock, Virginia, then moved to the Masonic Home and have been residents here for four years. David and Joy said the secret to a successful marriage is "love and compassion."

## Did you know?

The following residents submitted artwork that is on display at the General Assembly; Dorothy Denton, three paintings; Hoover Lide, one painting; Mildred Ammons, poetry; Ersell Brinser, crocheted American Flag; Barbara Thornton, three paintings; Richard Neiswander, two photographs; and Alice Britton, three paintings. Look for photos in the March Newsletter.

## NOW OPEN

Resident Computer Center  
Located on A Wing -Room 1  
Skype and E-mail your family and friends.  
If you have a Kindle or Nook, you can load  
your E-Books in the computer center with  
the wireless internet access.



## In Memoriam

### Ruth Scruggs

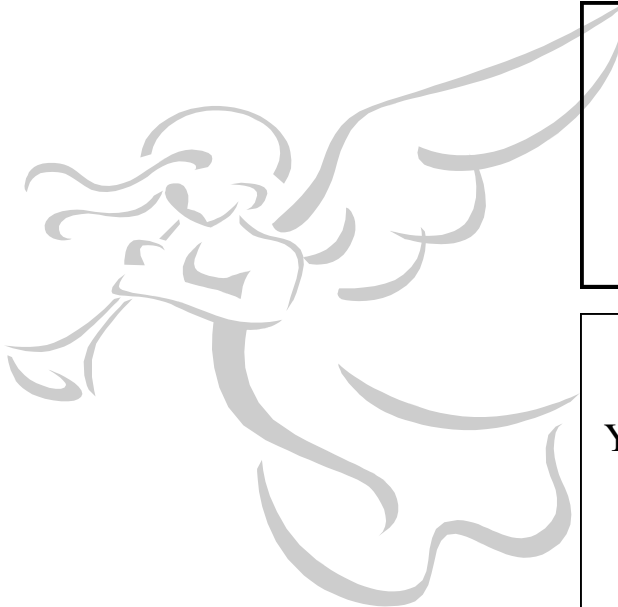
Where there is great love, there are always  
miracles.

Willa Cather

### Doris Messer

You have sorrow now but I will see you again,  
and your hearts will rejoice, and no one will  
take your joy from you.

John 16:22



## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

2/2 Ralph Mills  
2/3 Helen Anderson  
2/4 James Smith  
2/6 Stuart Shipley  
2/11 Dorothy Davies  
2/18 Elva Rollins  
2/19 Norma McCullough  
2/19 Edgar Harrison  
2/20 Raymond Martines  
2/20 Charles Wilson  
2/22 Frances Charlesworth  
2/23 Claude Morris  
2/23 Richard Neiswander  
2/25 Helen Rackley  
2/25 Mary Gene Smith  
2/26 Joy Kent

## Welcome New Residents!

Josephine Faulkner  
Harry and Sarah Jones

## Welcome New Employees!

Berlinda Bond	Nursing	Full Time
Ann Cockerham	Nursing	Full Time
Sonja Steele	Nursing	Full Time
Getta Subedi	Nursing	Full Time
Jeffrey Spence	Administration	Full Time
Jenni VanCleave	Resident Services	Full Time
Theresa Giles	Nursing	PRN
DaShauna Moore	Nursing	PRN
Debora Rolfe	Nursing	PRN
Pamela Pollard-Reed	Food Service	PRN

**Masonic Home Census -- 218**

## Employee Birthdays

2/2 Stephanie Phillips  
2/3 Jeramie Jones  
2/5 Kathy Cooley  
2/6 Lou Ann Love  
2/9 Yolanda Avery  
2/9 Renard Brown  
2/10 Michael Butler, Jr.  
2/11 Teresa Lefort  
2/14 Mable Booker  
2/14 Valerie Stokes  
2/15 Nyoka Heil  
2/19 Carol Ann Roy  
2/20 April Green  
2/21 Bridget Akinbi  
2/22 Delphine Cooper  
2/24 Doris Saunders  
2/25 Bobie Gaines

### The MAHOVA News

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Resident Life Administrator

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Medical Director

**Carol Roy**  
Director of Nursing

**Lee Byrd**  
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**Anne Hagen, CPA**  
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