

## 2011 Hawaiian Quilt Winner



We had another successful quilt raffle; we raised \$400.00 for the gift shop! Thank you to the residents, staff and Masons that helped sell tickets. A very big thank you goes out to the residents that helped make the quilt. Our next quilt is a Christmas quilt to be raffled on family day in October.

The winners for the 2011 Hawaiian quilt are:  
 Quilt– Resident Hugh Kirkland  
 Gift Card– Resident Ray Martines  
 Gift Card– Lodge Member Dabney Short  
 Lap Robe and Pillow– Resident Jack Golightly

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### Resident Advisory Council

**Jim Herring** President—  
 B Wing  
**Helen Lape** Vice President- B Wing  
**Norma Klebert** Secretary- Village  
**Lovell Harrison** Magnolia Court  
**Catherine Murray** D Wing  
**Walter Olphin** D Wing  
**Judy Burton** Village

# Health

Here's To Your Good Health!

## Added Benefits of Mouthwash

Depending on the type of mouthwash you use, you can improve your dental health as well as freshen your breath. According to some studies, using a mouthwash that contains phenolic compounds can reduce plaque by about 28 percent and gingivitis by about 3 percent. Researchers at the Medical University of South Carolina note that the most effective way to reduce plaque is to use a combination of regular brushing and flossing and rinsing with mouthwash. For best results, gargle and swish around two thirds of a fluid ounce (four teaspoons) for 30 seconds twice a day.

## Have You Heard?

National Clown week is the first week of August and clowns date back to ancient times. One of the first recognized clowns was a man named Joseph Grimaldi. Clowns are often referred to as “Joey’s” as a tribute to Grimaldi. American circus clowns began in the late 1700’s as comedians who stood in front of audiences and told jokes. By the 1800’s, circuses grew large and it became customary for large groups of clowns to perform for audiences. Clowning remains popular today and serious clowns may attend “clown college” to perfect their craft. The birthstone for August is the periodot and symbolizes love, faithfulness, truth, and loyalty, and the flower is the Gladiolus.

## Program Highlights

### **Resident Council Meeting**

Monday, August 1  
9:30 AM  
Dining Room

### **Advisory Council Meeting**

Tuesday, August 16  
10:00 AM  
Private Dining Room

### **Food Committee Meeting**

Thursday, August 18  
1:00 PM  
Private Dining Room

### **Activities Committee Meeting**

Thursday, August 18  
3:45 PM  
Solarium

## Program Highlights

<b>Monday, August 1</b>	<b>2:00 PM</b>	<b>TV Room</b>	Presentation by Rev. Bluford on the history of Polegreen Church.
<b>Thursday August 4</b>	<b>10:00 AM</b>	<b>TV Room</b>	Buy some jewelry made by residents at the jewelry sale.
<b>Friday, August 5</b>	<b>2:00 PM</b>	<b>TV Room</b>	Try your luck at a variety of games at the Card Social.
<b>Friday, August 5</b>	<b>6:00 PM</b>	<b>TV Room</b>	Laugh at the performance by the Clowns of America.
<b>Monday, August 8</b>	<b>10:00 AM</b>	<b>Gallery</b>	Bring your broken jewelry to be repaired by a jeweler.
<b>Tuesday, August 9</b>	<b>3:00 PM</b>	<b>Multipurpose Room</b>	Communion with Rev. J. Meisner.
<b>Wednesday, August 10</b>	<b>2:00 PM</b>	<b>TV Room</b>	Learn how to protect yourself at the presentation on identity theft.
<b>Thursday, August 11</b>	<b>2:00 PM</b>	<b>TV Room</b>	Healthy living speaker on skin disorders.
<b>Friday, August 12</b>	<b>10:00 AM</b>	<b>TV Room</b>	Gentle exercises at Tai chi with Lili.
<b>Saturday, August 13</b>	<b>2:00 PM</b>	<b>Dining Room</b>	Enjoy juicy watermelon at the Watermelon Social with Washington and Henry Lodge.
<b>Tuesday, August 16</b>	<b>10:00 AM</b>	<b>Gallery</b>	Come and socialize and have refreshments at Coffee and Donuts.
<b>Thursday, August 18</b>	<b>7:00 PM</b>	<b>Dining Room</b>	Summer Dance and 2012 King and Queen Coronation.
<b>Saturday, August 20</b>	<b>2:00 PM</b>	<b>Dining Room</b>	Eat a sundae at the ice cream social with Thomas N. Davis Lodge.
<b>Monday, August 22</b>	<b>9:00 AM</b>	<b>Gallery</b>	Shop for Avon with Shirley.
<b>Thursday, August 25</b>	<b>2:00 PM</b>	<b>Dining Room</b>	Meet in the dining room to get a behind- the- scenes look and take a tour of the Masonic Home kitchen.
<b>Friday, August 26</b>	<b>5:00 PM</b>	<b>Multipurpose Room</b>	Sign up for the monthly Dinner and Movie.
<b>Tuesday, August 30</b>	<b>2:00 PM</b>	<b>TV Room</b>	Enjoy a variety of juices at the Kool-Aid Celebration.
<b>Wednesday, August 31</b>	<b>2:30 PM</b>	<b>TV Room</b>	Gentle stretches and exercises with Nancy Glenmore.

## Music Entertainment

<p>Saturday, August 6 2:00 PM Dining Room</p>	<p>Keyboard performance by Jeff Farrier from the Chicken House Band.</p>
<p>Monday, August 8 7:00 PM TV Room</p>	<p>Vocal performance by Mina and David McAllister.</p>
<p>Friday, August 12 7:00 PM TV Room</p>	<p>Vocal performance by Electric Wind Quintet.</p>
<p>Monday, August 15 2:00 PM TV Room</p>	<p>Vocal bluegrass and country performance by Matt Puriton.</p>
<p>Thursday, August 18 7:00 PM Dining Room</p>	<p>Dance the night away with Phil Johnson and a Touch of Class.</p>
<p>Wednesday, August 24 2:30 PM TV Room</p>	<p>Entertainment and music therapy by Cathleen Crone.</p>
<p>Friday, August 26 2:00 PM TV Room</p>	<p>Gospel performance by Nikki Headley.</p>
<p>Saturday, August 27 2:00 PM Dining Room</p>	<p>Vocal and keyboard performance by Thomas and Holzbach.</p>
<p>Monday, August 29 2:00 PM TV Room</p>	<p>Vocal and keyboard performance by Side by Side.</p>

## Movies

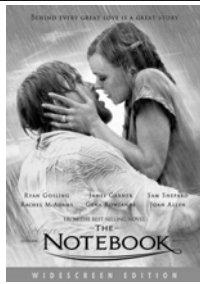


Channel 2 and TV Room  
6:00 PM



### **“Wyatt Earp” Monday, August 1**

Wyatt Earp is the most famous lawman to ever walk the wild west. Thrilling journey of romance, adventure and mythic courage.



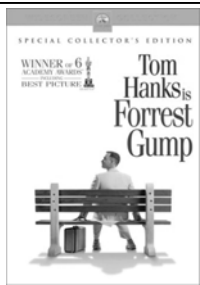
### **“The Notebook” Monday, August 15**

Story of an older man that relives the story of his one true love everyday.



### **“Ray” Friday, August 19**

Inspirational story of Ray Charles and his journey from the South to his rise to the top of the American music charts.



### **“Forrest Gump” Monday, August 22**

Story of a simple man from the south whose innocence comes to represent a generation.



### **“The Interpreter” Monday, August 29**

Thrilling story of a secret service agent that is an assigned to investigate an interpreter that overhears an assassination plot.





## Trips and Outings

### Wednesday Shopping Schedule



August 3 Kmart  
 August 10 Wal-Mart  
 August 17 White Oak Village  
 August 24 Kmart  
 August 31 Wal-Mart

<b>YMCA</b> <b>Silver Sneakers</b> <b>Fitness</b>  <b>9:30 AM</b>	<b>MONDAY</b>  August 8 August 15 August 22 August 29	<b>FRIDAY</b>  August 5 August 12 August 19 August 26
Thursday, August 2 10:00 AM	Trip to Jo Ann's Craft and Fabric Store.	
Wednesday, August 3 2:00 PM	City tour of Richmond.	
Wednesday, August 3 5:00 PM	Midlothian Lodge Cookout	
Thursday, August 4 11:15 AM	Lunch trip to Peking Restaurant.	
Saturday, August 6 8:00 AM	Chester Lodge pancake breakfast.	
Thursday, August 11 10:00 AM	Sign up to go to the Surry House.	
Thursday, August 18 11:00 AM	Red Hats Club is eating lunch at Bottoms Up Pizza. Remember to wear your red and purple.	
Monday, August 22 1:00 PM	Sign up to go to the Keystone Tractor Works Museum. The museum is filled with vintage road trucks, vintage tractors, and collectible cars.	
Tuesday, August 23 10:30 AM	Lunch trip at Parkside Café.	
Monday, August 29 6:30 PM	Join us as we go to Dorey Park to listen to the Henrico Concert Band.	
Tuesday, August 30 9:30 AM	Shopping and Lunch at VA Center Commons.	

## Book Ends By Wanda Lucey

I've just finished reading "The Boleyn Inheritance" by Philippa Gregory (do we pronounce it Phil'ippa or Philipp'a?- 'fraid I don't know (F/GRE). A great story and if you like historical romances it's for you! The author has two others in this series, "The Other Boleyn Girl" and "The Constant Princess" (which we don't have), but the books stand alone...one doesn't depend on the others. King Henry VIII does love his women and wives three, four, and five are dispensed within this book. Told in narrative form by two of the wives and the sister of one of the deceased wives, we learn a lot about old Henry and the crazy people in his court. Liking this book so much, I searched our shelves for another "The Virgin's Lover" (F/GRE) which I have almost (not quite) finished. I really think this one is the better of the two books but, in all fairness, I probably know more of the history of Queen Elizabeth (since she is more my age) than I do old Henry. In spite of enjoying the character inter-action, a lot of history can be learned.

Going way back in publications, a "new" book to us is "The Winter People" by Phyllis A. Whitney (M/WHI), an old favorite writer. Story takes place in the winter in New England in an old Victorian estate. Dina meets, falls in love with, and marries Glen Chandler, the son of a world renown painter. Yet, before their marriage Glen had kept the all-important fact from Dina that he has a twin sister. You can already see the plot thickening. She is one jealous, evil lady. But you will enjoy every minute of it!

I've reviewed this one before, but want to share it with our new residents. "Home Sick" by Delores and H.T. Connor (920/CON) is about the life of Delores and "Rough" as children living in the home when it was an orphanage. Sweet story, mischievous boys, giggling girls—even with the small chores they were taught to do, you can see the love and closeness of all these children. They even have an alumni group where they all meet here at the Home to be together again. I have an ulterior motive in presenting this book to you again. At one time we had three copies. Two grew wings and flew away. Now, we have only one—it is paperback and getting worn and frayed, but you will still like. I have written the Connors hoping they might have some extra copies hidden away in the attic they would sell to us. Wish me luck.

And last, but definitely not least, I cannot tell you how much I enjoyed "Finding Thalhimer's" by Elizabeth Thalhimer Smartt (920/THA). It is the story of migrants to America, the story of the growth of the City of Richmond, the story of the growth of a small notions store into a large mercantile establishment, the story of changes in our culture, and the wonderful story of the search of a young woman for her family roots. All through this book we can find parallels with the happenings in this family with our history. I cannot recommend it highly enough. Read it, just don't keep it.

## Behind the Scenes

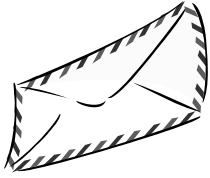
### Get to Know Liz White!

Liz White is the Transportation Supervisor and has been working at the Home for 30 years. She started part-time and then later went full-time. Her favorite part of the job is the residents, getting to know different doctors, and meeting new people all the time. When asked what a typical day is like Liz said, "Busy, but there is great teamwork in the transportation department." On August 29, Liz and her husband, who recently became a Mason, will be married for 43 years. Her spirituality and her family are very important to her; she has three children, six grandchildren, and two great grandchildren. When away from work Liz enjoys spending time in her hot tub, going to the beach in the summer and the mountains in the fall, and her favorite food is Italian.

## Anniversary Stories

8/2/1964 Simeon and Virginia Phipps  
8/10/1977 John and Dorothy Denton  
8/18/1950 Ted and Edith Koss  
8/25/1951 Hoover and Betty Lide

John and Dorothy Denton will be married for 34 years this month! The two met at a Scottish Rite dance in Alexandria. John's daughter was volunteering as a Jobie when she saw Dorothy. She then told her father, "There is a beautiful woman over there, you're too young to be single, you should go meet her." The two became acquaintances with each other until at the Shriner's dance, which is when they decided to go on a dinner date. They dated for six months, then had a small wedding at a Methodist church in Annandale, VA. John told Dorothy, "I'm going to show you the world." He sure did; the two found a love for travel with each other all around the world. Their last trip outside of the U.S. was in 2007; they went to Egypt for 19 days; one week was spent on a boat floating down the Nile River. To this day John and Dorothy still travel to Myrtle Beach and Atlantic Beach in the Carolinas. John and Dorothy have five children altogether and three grandchildren. They said the secret to a successful marriage is, "You have to give a little and take a little." John said, "We have celebrated and enjoyed our 34 years together; without each other we would not have been able to do all the wonderful things we did, such as our travels."



The Masonic Home has changed its physical address to:  
**500 Masonic Lane**  
**Henrico, VA 23223**

This change has been made in coordination with Henrico County and the US Post Office. This change will be beneficial to guests since they are unable to physically enter from the 4101 Nine Mile Road address.

Family Day is coming up in October; keep an eye out for the Family Day Volunteer sign-up table.

Please submit your 2012 Masonic Home King and Queen Ballots by Friday August 12.



## In Memoriam



## Forever in Our

Irene Baughan  
Lillian Bolton  
Tommy Boyce  
Maxine Fitch  
Joy Kent  
Elise Lacy

## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

8/2	Nell Owen	8/19	Harry Jones
8/6	Bessie Holmes	8/19	Irene Slaughter
8/6	Walter Olphin	8/19	George Wood
8/12	Julian Burgess	8/24	Janey Herring
8/14	Dorothy Barrey	8/24	Clinton Kennedy
8/17	Lois Payne	8/24	Virginia Yeatts
8/19	Paul Bollinger	8/26	Barbara Thornton
8/19	Myrtle Bussey	8/31	Nancy Walker

## Welcome New Residents!

## Welcome New Employees!

Connie Lankford	Development	FT
Rhonda Hiles	Nursing	PRN
Lisa Hurt	Nursing	PRN
Tara Tucker	Nursing	PRN

## Employee Birthdays

8/1	Lilliean Wheeler
8/3	Kahnetta Harvey
8/4	Ann Cockerham
8/4	Ellen Randolph
8/12	John Crigger
8/12	Claudette Dendy
8/12	Tammy Springer
8/15	Barbara Sigmund
8/18	Derek Morton
8/18	Jon Truett
8/21	Rodman Cupka
8/22	Thagi Chamlagai
8/22	Sean Watterson
8/25	Margaret Valentino
8/26	Latia Roy
8/30	Ruth French
8/31	Jenni VanCleave

## Masonic Home Census -- 224

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A monthly publication of the Masonic Home of Virginia  
4101 Nine Mile Road  
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800-262-4644

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<b>James D. Cole</b>	Chief Executive Officer
<b>Ed Owen</b>	Administrator
<b>Kathy Barnes</b>	Resident Life Administrator
<b>Dr. D.M. Jannuzzi</b>	Medical Director
<b>Carol Roy</b>	Director of Nursing
<b>Lee Byrd</b>	Director of Human Resources
<b>Anne Hagen, CPA</b>	Chief Financial Officer
<b>Jon Truett</b>	Director of Facility Management
<b>Jennifer Burton</b>	Manager of Environmental Services
<b>Justin Carwile</b>	Director of Dining Services
<b>Jeff Spence</b>	Development Officer